



EEF Occupational Health Service

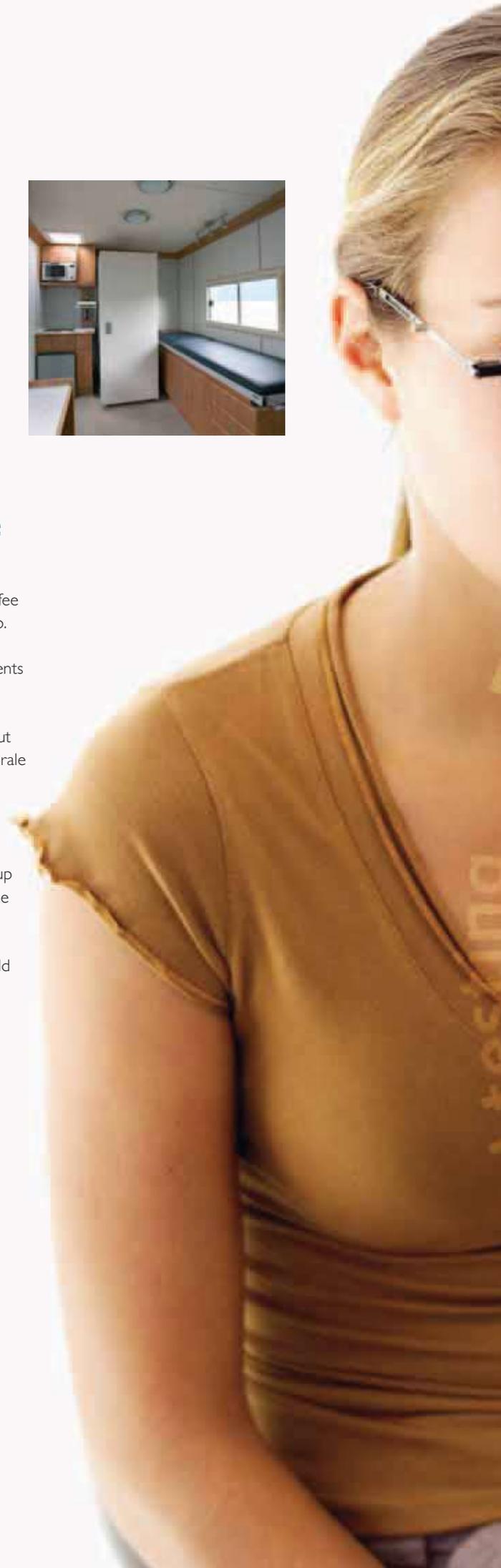
At a time when Employers' Liability insurance premiums are soaring and no win no fee solicitors are bombarding you with claims, it is nice to know that we are here to help.

Our highly motivated, committed and professional team takes pride in providing clients with a truly tailored service that meets their precise needs.

A proactive occupational health policy is not only good health and safety practice but can also provide significant cost savings and improve the sense of well being and morale within your workforce.

There has never been a more crucial time to embark on providing a proactive occupational health service to your employees. To avoid unpleasant action by the Health and Safety Executive and escalating insurance premiums, you need to team up with professional providers of occupational health who can work with you to reduce any occupational health issues.

Insurers are willing to recognise a proactive stance on occupational health and would be more likely to lower premiums to the companies who can demonstrate a commitment to monitoring the wellbeing of their employees.





Excellence at the heart of everything we do

EEF

Drug and alcohol testing

Manual handling assessments

Chiroprody

Eye tests

Sickness absence

Health surveillance

Physiotherapy

First aid training

Prevention

Alcohol testing

Excellence



Excellence at the heart of everything we do

Sickness absence
and tests

Drug and alcohol
testing



First aid
and testing

Physiotherapy
and first aid

Mental health
and stress

Occupational health
and safety



What is Occupational Health?

The Key Functions of OH Services (as recommended by the World Health Organisation)

- Identification and assessment of the health risk in the workplace
- Surveillance of work environment factors and work practices that affect workers' health, including sanitary installations, canteens and housing, when such facilities are provided by the employer
- Development of work organisation and the working culture to support health and safety, and promote a positive social climate, which can also enhance productivity
- Advice on planning and organisation of work, design of workplaces, choice and maintenance of machinery, equipment and substances used at work
- Advice on occupational health, safety and hygiene, and on ergonomics and individual and collective protective equipment
- Surveillance of workers' health in relation to work
- Promotion of the adaptation of work to the worker
- Collaboration in providing information, training and education in the fields of occupational health, hygiene and ergonomics
- Contribution to measures of vocational rehabilitation
- Organisation of first aid and emergency treatment
- Participation in the analysis of occupational accidents and occupational diseases.



Who are we?

A team of dedicated professionals

The EEF has a successful history of providing occupational health services. We pride ourselves on providing a level of service not generally available elsewhere; we aim to be the best in Occupational Health. We work closely with our clients to help them maintain and promote employees' health and working capacity, as well as making the working environment more conducive to health and safety.

We are a team that is passionate about the difference well-timed occupational health can make, integrating with our client's own management team to provide the best overall benefits from the range of services we offer:

Does it work? The comments from our clients and the continued growth in our client portfolio tell us it does. Occupational Health is an evidenced based discipline involving a range of practitioners who individually or collectively investigate the conditions that create risks to health



What do we do?

Provide Comprehensive Occupational Health Services

We provide occupational health services from pre-employment medicals at recruitment or as soon after as able, through to exit medicals for a large range of manufacturing, engineering and public service companies and organisations.

We assist clients to implement systems that are compliant with relevant legislation including educating them on the usefulness of such systems in dealing with occupational health issues.

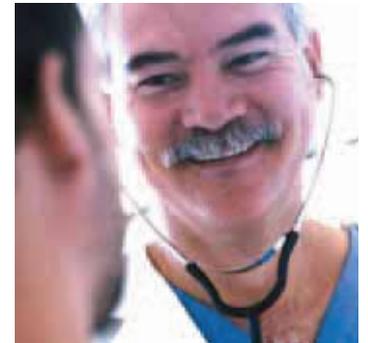
We strive to understand the precise needs of our clients, and will assist them in developing risk-based solutions to deal with any ongoing occupational health challenges.

Our range of services includes:

- Pre-employment health assessments
- Drug and alcohol testing
- Driver Health assessments
- Sickness absence including case management
- Health surveillance
- Audiometry
- Lung function testing
- Dermatology screening
- Hand Arm Vibration screening
- Biological monitoring e.g. lead or other heavy metals
- Business travel vaccinations/health advice
- Physiotherapy
- First aid training
- Manual handling assessments, including advice on an individual's functional capacity
- Work station assessments for office-based workers.
- Stress management
- Presentations and training

Delivered by:

- Registered Nurses
- Occupational Health Advisors
- Occupational Health Physician
- Optician
- Counsellors
- Chiropodist
- Physiotherapist
- Occupational Hygienist



How do we do it?

We have a small but diverse team of experts who work as a team to provide you with the best in Occupational Health, by integrating with your own operational Health & Safety and HR teams in providing a fully comprehensive service via Mobiles or at our Occupational Health facilities.

Key Services

Executive/Senior Management medicals

A must for all small to medium size companies.

Such medicals, particularly for small to medium companies, can considerably reduce the impact of lost management time should one of your Executives have **undiscovered** moderate to serious health conditions.

This situation, if and when it occurs, because of the absence of crucial management members, can have a significant effect upon business in general, but also perhaps result in direct loss of productivity and therefore affect profits.

We are proud to say that our medical surveillance techniques have previously detected undiscovered, potentially life threatening heart disease, early stage cancers, and allowed personal advice to be given on lifestyle issues which could, in future, precipitate such diseases as diabetes. Equally, our advice can be utilised to simply equip your essential workers with the building blocks to achieve good physical condition, improve mental well-being and bodily strength, better handle stress and generally feel more alert and healthy.



Proactive occupational health screening

The only way to effectively protect your workforce.

Occupational health screening is one of the fundamental building blocks to good employee health and lowering insurance premiums.

Such screening starts by ensuring that you carry out pre-employment medical checks or baseline medicals for existing employees in order to identify any potential health risks in your current workforce. It is vital for employees to be physically able to undertake a full range of duties for any role, without endangering their short-term/long-term health.

Pre-employment medicals give your Employers' Liability Insurers a baseline to start from. The results of audio, lung function tests, Hand Arm Vibration syndrome examinations etc. are all extremely important elements in this baseline information.

It is important to fit the right person to the job but also to ensure that the job fits the person taking into account the job specification, qualifications and experience of applicants.

If you do not already carry out pre-employment medicals it is never too late to start. Whether you opt for paper screening or full physical examinations you are at least making a start in recording the medical data of your new employees. This data will assist you greatly in managing effectively any health issues within your workforce; in addition it will also aid your insurers in defending any claims for industrial disease.

Make a start with pre-employment checks on your new employees, and then consider carrying out baseline medicals for your existing employees.



Risk based ongoing screening

Following pre-employment screening you should consider re-screening employees on a regular basis. The extent/frequency of such re-screening should be risk based, and should be integrated with other safety control measures. The value of this screening is to provide you with early warnings of any ill health and prevent disease and illness developing in your workforce. It will also confirm if other safety control measures are working in practice.

In many occupations this screening is now a legal requirement particularly where employees may be exposed to noise, vibration, respiratory and skin irritants

If you expose your employees to any physical or chemical hazard over a long period of time occupational related disease may develop. In most cases the onset of these problems can be very slow and employees may not notice any deterioration in their health. Routine screening should help identify any problems long before individuals realise they may have a medical condition.



and alcohol testing
First aid training
physiotherapy
Drug and alcohol testing
Manual handling assessments
Eye tests
Chiroprody
Health Surveillance
Pre-employment tests
Chiroprody



Sickness absence management

Early intervention does pay off

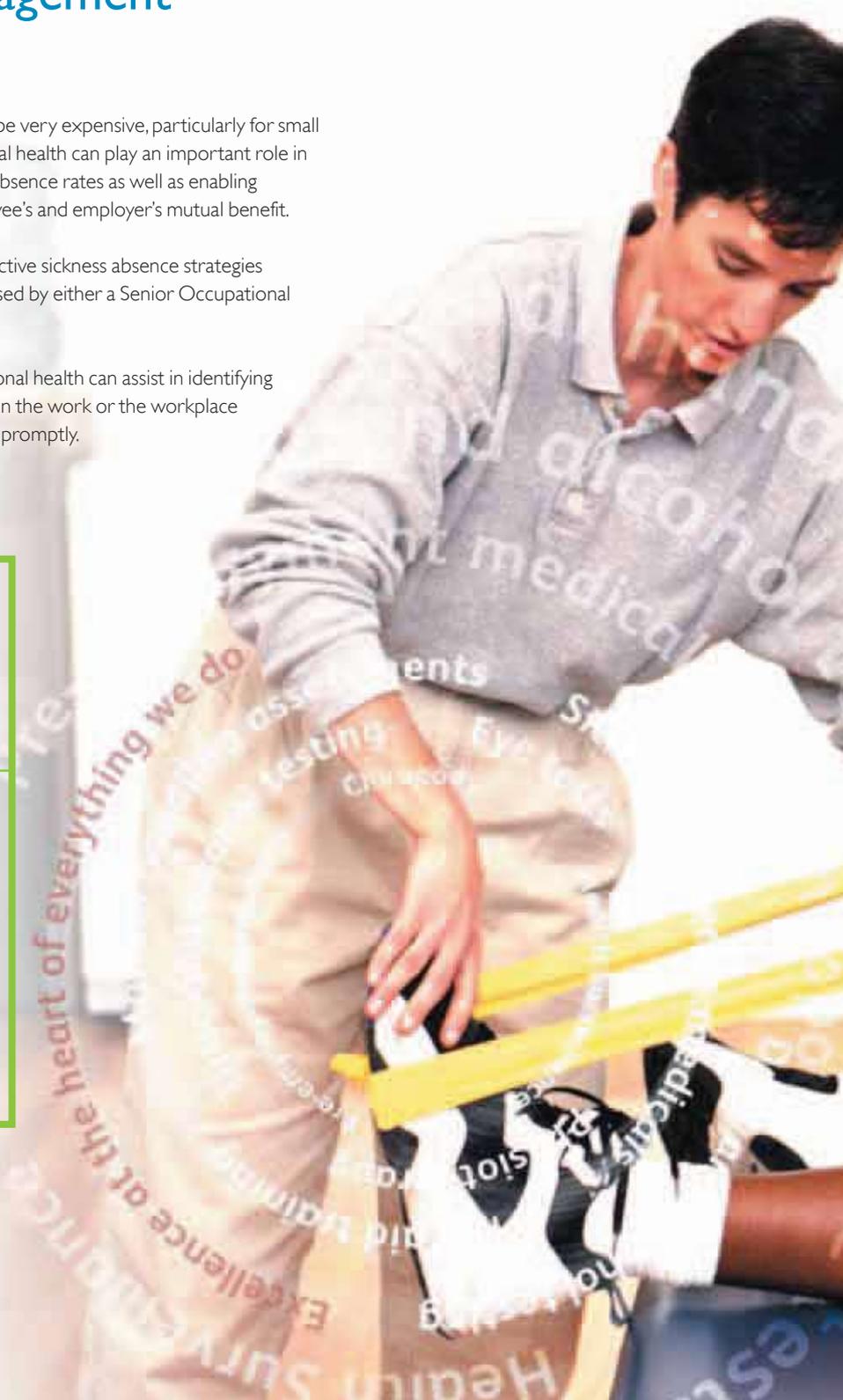
Sickness absence whether short-term or long-term can be very expensive, particularly for small and medium sized companies/organisations. Occupational health can play an important role in advising and assisting management in helping to reduce absence rates as well as enabling employees to return to work sooner to both the employee's and employer's mutual benefit.

We can assist a company to develop and implement effective sickness absence strategies incorporating rehabilitation where referrals will be assessed by either a Senior Occupational Health Nurse or an Occupational Health Physician.

In line with current and up-coming legislation, occupational health can assist in identifying for employers, the need for any reasonable adjustments in the work or the workplace to enable an individual to return back to work safely and promptly.

All services are delivered to wherever you prefer

- At our Occupational Health Centre
- At your premises using one of our fully equipped mobile units
- Using peripatetic nurses who will carry out work at your own premises using suitable on site facilities



Vocational Rehabilitation Services

We can help you to assist those injured whilst at work. Properly managed, such individuals will get fitter and healthier; with the aim of achieving the highest level of function, independence and quality of life more quickly.

To facilitate we can offer:

- Physiotherapy services, including manipulation, electrotherapy, muscle balance training, postural re-education, self management home programmes, functional exercise programmes, Pilates, massage, relaxation therapies, hypnotherapy, manual handling advice etc
- Therapy equipment and postural equipment loan
- Setting job related goals
- On site ergonomic assessments
- Advice on change of equipment/temporary change of job tasks
- Work related advice
- Phased return to work plans
- Development of strong links with occupational health teams from each business or human resources department and line managers
- Ergonomic advice and risk assessments, which can also be related to a condition affecting work
- Access to and co-ordination of counselling services, GP's, Consultants
- Lifestyle/work balance advice
- Functional Capacity Evaluation Assessments, which can be offered when there are difficulties in establishing capabilities of an individual post-injury.

Example: A vocational rehabilitation programme at the Royal Mail Mount has saved the company £700,000 in the first 18 months. This was achieved by getting people on long-term absence and restrictions back to full and normal duties.

First aid training

All companies have a legal duty to have properly trained First Aiders. We offer a full range of training courses in first aid to suit your particular needs, all our courses are HSE approved and relate to industrial situations.

First aid training courses are run regularly at our facilities but if you prefer we would be happy to provide you with this training on your own site. All our courses are competitively priced and reflect the latest changes in first aid training syllabuses.





Occupational Health Service

Provided by Collingwood Health Ltd

How to contact us

Ring our Customer Services Hotline on:
0844 800 9264

Visit our website:
w:eefohs.co.uk

Email:
info@eefohs.co.uk



PO Box 161
Europa Link
Sheffield
S9 1TZ